Evaluation Preparation

Setup: This task is tested over the course of an overnight field exercise. The exercise should include at least two miles of dismounted movement. You should observe the students over the course of the exercise and evaluate them at the conclusion of the exercise. Anything not directly observed (such as the use of a cathole) should be evaluated through oral questioning.

Brief Student: Inform the individuals to be tested that they will be evaluated over the course of the next 24 hours on their ability to conduct field sanitation and hygiene.

Evaluation

Performance measures	Results	
The individual:		
1. Takes proper care of feet:		
a. Before movement	P	F
1) Makes sure boots are properly fitted.		
2) Makes sure boots are broken in (not new boots)		
3) Wears clean socks, free of holes and knotty darns.		
b. Takes proper care of the feet during movement	P	F
1) Keeps feet as dry as possible.		
2) Changes damp socks.		
3) Dusts feet lightly with foot powder.		
4) Adjusts footgear to relieve the tender spots on the feet		
c. Takes care of blisters:	P	F
1) Washes the blister and surrounding area with soap and water.		
2) Seeks medical treatment for painful blisters or signs of infection, such as redness, throbbing and drainage.		
2. Avoids unpurified water whenever possible. If forced to use such water, checks with the team leader and then correctly purifies the water in accordance with the water purification tablet instructions.	P	F
3. Properly disposes of waste:		

a. Properly uses cat holes to dispose of human waste. P F

1) Digs at least one foot deep and fills it in afterwards.

2) Digs hole at least 100 meters, downwind, and not uphill from the bivouac site.

b. Disposes of garbage only in designated containers. Otherwise, packs out all garbage in waterproof bags. P F

c. Washes all utensils, cups, mess kits, etc. with hot water and soap after use. P F

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4. Practices personal hygiene:

a. Brushes teeth daily P F

b. When water is available, washes hands after using the latrine and before eating. If not available, uses alternative method like alcohol prep pads. P F

Student must receive a pass on all performance measures to qualify in this task. If the individual fails any measure, show what was done wrong and how to do it correctly.